

2024 swimming time table

Week commencing	Stroke / Activity
Tuesday 2 nd Jan	Closed
Friday 5 th Jan	Breaststroke
8 th Jan	Breaststroke
15 th Jan	Front crawl
22 nd Jan	Front crawl
29 th Jan	Back crawl / diving
5 th Feb	Multi stroke/ race practice
12 th Feb half term	Games
19 th Feb	GALA HEATS
26 th Feb	Starts and turns
4 th March	Breaststroke
11 th March Tuesday only	Breaststroke / race practice
Friday 15 th march	GALA FINALS
18 th March	Front crawl
25 th March Easter holidays	
26 th Tuesday	Games
29 th Friday Dank holiday	Closed
1 st April Easter holidays	Front Crawl
8 th April	Back crawl
15 th April	Back crawl
22 nd April	Starts and turns
29 th April	Butterfly
6 th may	Breaststroke
13 th may	Breaststroke
20 th may	Front crawl
27 th may half term	Games
3 rd June	Front crawl

10 th June	Water safety swimming in clothes
17 th June	Water safety swimming in clothes
24 th June	Back crawl
1 st July	Back crawl
8 th July	Butterfly
15 th July	Starts and Turns
22 th July	Games
29 th July	Games
5 th august	Multi-stroke
12 th august	Diving
19 th august	Games
26 th august	Breaststroke
2 nd September	Breaststroke
19 th September	Front crawl/ practice distance swim
16 th September	Distance swim - under 1 miles
23 rd September	Distance swim - under 1 miles
30 th September	Distance swim - over 1 miles
7 th October	Distance swim - over 1 miles
14 th October	Front crawl
21 st October	Games
28 th October	Front crawl
4 th November	Back crawl
11 th November	Back crawl
18 th November	Butterfly
25 th November	Starts and turns
2 nd December	Breaststroke

9 th December	Breaststroke
16 th December	Games
23 rd December	Closed for Christmas
30 th December	Closed for Christmas